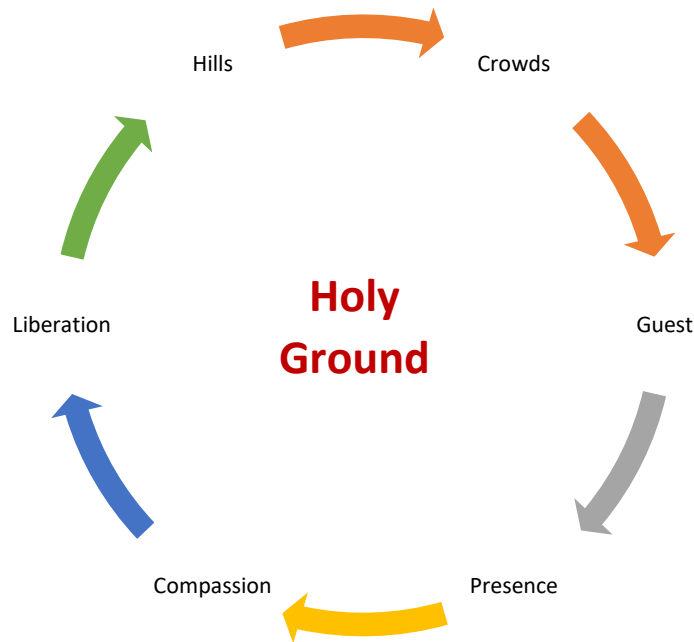


# The Encounter Cycle

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**Hills:** Reflective Praxis, 'self-time', 'God time', re-charging, perspective time, balance, prayer.

**Crowds:** Why did they seek out Jesus? He "spoke with authority, unlike their other leaders!" He was authentic. It was about relationship. It was real.

**Guest:** How we come to encounter. Slowly, respectfully, gently, open, honouring.

**Presence:** What we do in that space. Everything about us is focussed on the other and this presence says, "You are beautiful!" Innate Dignity

**Compassion:** From guest and presence our hearts will naturally open in compassion.

**Liberation:** The encounter is reciprocal and when we truly encounter both go away liberated.

Mark 1: 32 – 39 That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were sick with diseases of one kind or another; he also drove out many devils, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, "Everybody is looking for you." He answered, "Let us go elsewhere, to the neighbouring country towns, so that I can proclaim the message there too, because that is why I came." And he went all through Galilee, preaching in their synagogues and driving out devils!